

Hiro's Judo Club Protocols

(Effective February 28, 2022)

Earlier this month the government removed the REP (which had required members to be vaccinated or have a negative Covid test result). Consequently, we will no longer ask for these, but instead will ask that everyone complete a Covid Protocol Declaration form which confirms their fitness to participate. The previous Covid Questionnaire will no longer be used.

1. The Declaration form must be completed prior to being admitted into the dojo. Members are reminded to be vigilant about the Covid signs and symptoms and not come to Judo if they have them. If your response to any Covid question on the Declaration form is yes, you must stay home.
2. Face masks must be worn when entering the premises and changerooms but can be removed when working out on the mats. An individual may choose to continue to wear a mask when on the mats.
3. Reasonable physical distancing must be maintained when not on the mats. Please be aware that another's comfort level of distancing may not be the same as yours. Be respectful.
4. The only spectators allowed at this time will be those from the Junior class with a limit of one person per family. These spectators must complete the declaration form, sanitize their hands upon entry and remain masked at all times. Spectator seating will be provided in the upper mezzanine only.
5. All members must sanitize their hands when they enter the premises and every time they return to the mats.