

Hiro's Judo Club Dojo Protocols

Youth/Adult Classes – February 2022

NOTE:

Individuals with signs or symptoms of Covid-19 must not attend class. A completed Covid Declaration form will be required to attend class and helps monitor attendance. Please use the link on our website or the QR code if possible.

Parents: please complete a form for your under-aged child(ren) and ensure they understand and will follow the dojo protocols.

Arrival:

- Arrive 10 minutes early to allow for entry screening/ temp. check at the north entrance door.
- Changerooms will be available, but individuals may wish to come already dressed in their judogi to reduce crowding in the changerroom.
- Masks must be worn until judoka have been cleared to enter the mat area.
- No spectators will be allowed in the dojo at this time. Parents are to drop off their child but must remain in the vicinity until the child has cleared the screening procedure.

Screening:

- All judoka must submit a fully completed Declaration form and have an emergency contact number (in case a parent needs to be contacted).
- All judoka will have a temperature check performed prior to admission into the dojo.
- Anyone failing the temperature check will have a second chance after they have left the dojo and returned through the line. Failure a second time will result in the judoka being sent home.

Access to the mats:

- Outdoor shoes and belongings must be stored in the designated areas. Indoor slippers/sandals MUST be worn when not on the mats.
- Water bottles will be located on the bench for easy access. Masks should be placed by their water bottle or with their other belongings.
- All judoka must sanitize their hands before entering the mat area.
- All judoka must obey the safety instructions and protocols. Failure to do so will result in expulsion.
- Washrooms will be available and must be sanitized after use. Anyone using the washroom must sanitize their hands before returning to the mat area.
- Social distancing and masks should be worn when not on the mats for training.

Exit:

- After the class is over, judoka will leave the mats and sanitize their hands. They will then gather their belongings and leave the dojo.
- Parents/adults accompanying a minor must be waiting outside to pick up their child.
- Volunteers will be recruited to help spray down the mats and clean the dojo with disinfectant after everyone has left the mat area.